

# pauline alice SEWING PATTERNS



n° 1506  
 Sizes 34 - 48  
 English

## DESCRIPTION

The Bailén pattern is cut on the bias, semi-fitted with front bust darts and with bias binding straps and bias binding finished seams at armholes and neckline. Easy to make and with two lengths, it can be worn as a dress or a top.

## DIFFICULTY



## FABRIC & NOTIONS

✂ Light weight woven fabric such as silk, crepe, rayon, cotton voile...

✂ 2 m (2 yards) of bias binding

## FABRIC REQUIREMENT (all sizes)

✂ Dress:  
width 150 cm/60": 1,50 m (1 yd 3 ft)  
width 110 cm/45": 1,90 m (2 yd 1/2 ft)

✂ Top:  
width 150 cm/60": 0,80 m (1 yd)  
width 110 cm/45": 1,35 m (1 yd 2 ft)

## BODY MEASUREMENTS (cm inches)

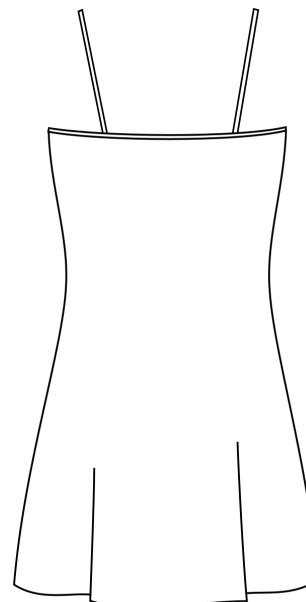
| Size   | 34     | 36     | 38     | 40     | 42  | 44  | 46  | 48     |
|--------|--------|--------|--------|--------|-----|-----|-----|--------|
| Bust:  | 80     | 84     | 88     | 92     | 96  | 100 | 104 | 108    |
|        | 31 1/2 | 33     | 34 1/2 | 36     | 38  | 39  | 41  | 42 1/2 |
| Waist: | 62     | 66     | 70     | 74     | 78  | 82  | 86  | 90     |
|        | 24 1/2 | 26     | 27 1/2 | 29     | 31  | 32  | 34  | 35 1/2 |
| Hips:  | 86     | 90     | 94     | 98     | 102 | 106 | 110 | 114    |
|        | 34     | 35 1/2 | 37     | 38 1/2 | 40  | 42  | 43  | 45     |

## FINISHED MEASUREMENTS (cm inches)

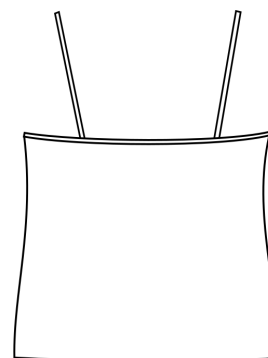
|        |        |        |        |     |        |     |        |        |
|--------|--------|--------|--------|-----|--------|-----|--------|--------|
| Bust:  | 82     | 86     | 90     | 94  | 98     | 102 | 106    | 110    |
|        | 32     | 34     | 35 1/2 | 37  | 38 1/2 | 40  | 42     | 43     |
| Waist: | 80     | 84     | 88     | 92  | 96     | 100 | 104    | 108    |
|        | 31 1/2 | 33     | 34 1/2 | 36  | 38     | 39  | 41     | 42 1/2 |
| Hips:  | 94     | 98     | 102    | 106 | 110    | 114 | 118    | 122    |
|        | 37     | 38 1/2 | 40     | 42  | 43     | 45  | 46 1/2 | 48     |

Length\*: approx. 94 cm (37") for the dress and 60 cm for the top (23 5/8")

\*length is measured from shoulders to hem.

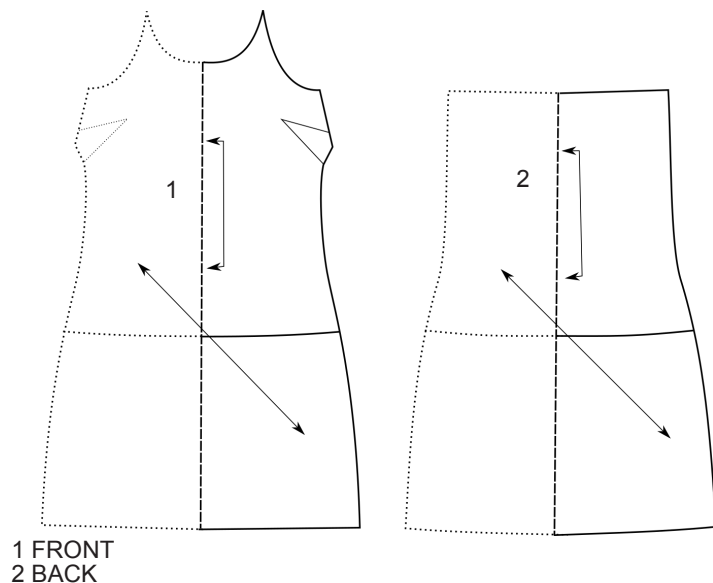


Dress back



Top back

## PATTERN PIECES



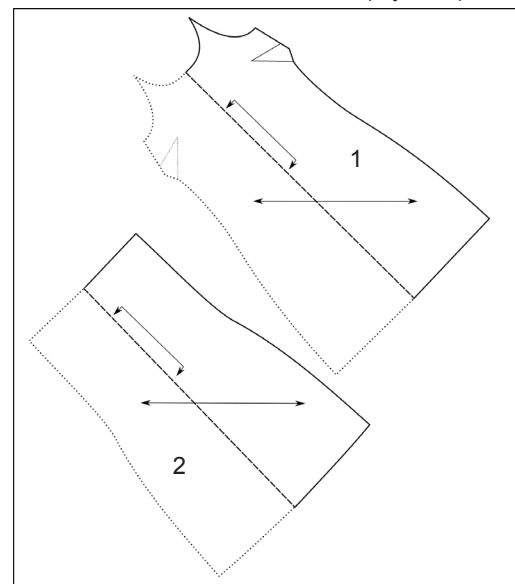
## NOTES

- ✂ Seam allowances are included in the pattern. Side seams and hem are 1,5 cm (5/8"), whereas neckline and armhole seams are 0,6 cm (1/4").
- ✂ It's highly recommended to treat your fabric before you start sewing: pre-shrink if necessary and press your fabric before cutting.
- ✂ Choose your size according to the *Body measurements* chart on the first page (you can also refer to the *Finished measurements* to know the amount of ease). We recommend you to make a muslin to check the fit before cutting your final fabric.
- ✂ *pauline alice* patterns are designed for a B cup bust and an average height of 1,65 m (5 ft 5).

## CUTTING PLAN

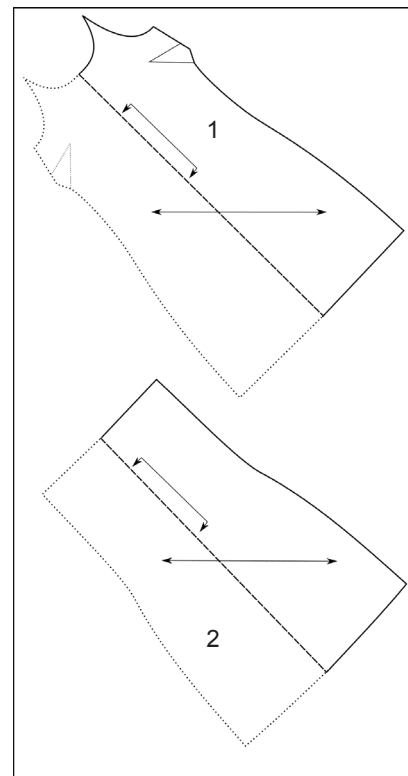


✂ Dress width 150 cm/60": 1,50 m (1 yd 3 ft)

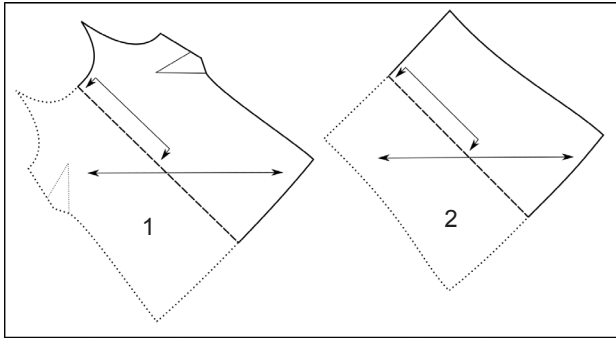


Remember to flip the pattern pieces to obtain the entire pieces!!!

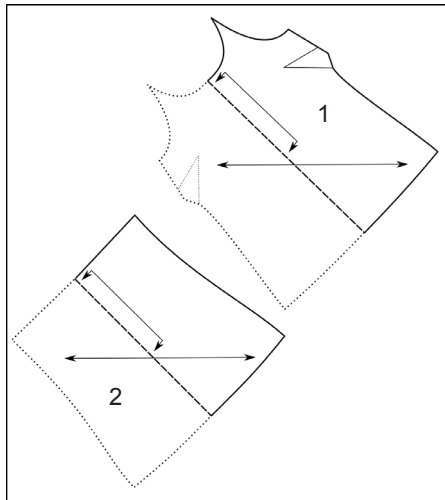
✂ Dress width 110 cm/45": 1,90 m (2 yd 1/2 ft)



✂ Top width 150 cm/60": 0,80 m (1 yd)

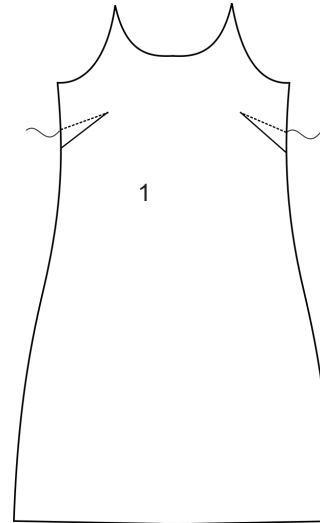


✂ Top width 110 cm/45": 1,35 m (1 yd 2 ft)



*The dress version is illustrated but instructions are the same for the top.*

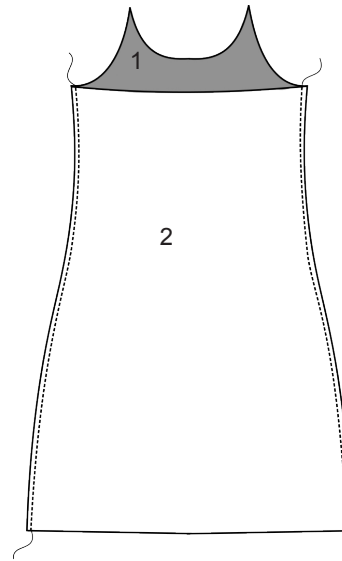
## ✂ BUST DARTS



✂ 1. Stitch the darts on the front piece. Press the bust darts down.

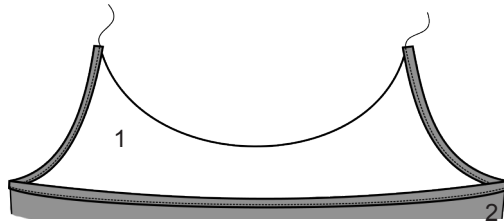
✂ *Option: staystitch\* the armhole and neckline seam, this will stabilize the edge. With a short stitch length, stitch along the armhole and neckline at 0,5 cm (3/16") from the edge (\* p.4).*

## ✂ SIDE SEAMS

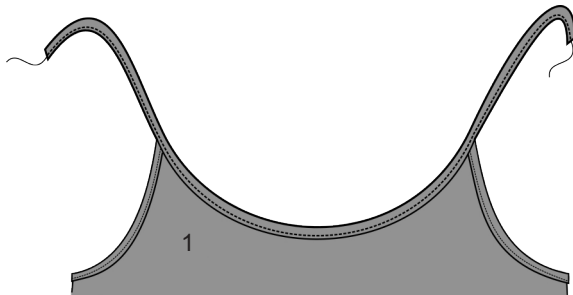


✂ 2. Use french seams\* to stitch the side seams: with wrong sides together, stitch the front and back pieces along the side seams at 0,6 cm (1/4") from the edge (\* p.4). Trim the seam allowances and press. Turn on the wrong side and press the seams flat. Stitch again at 0,6 cm (1/4") from the edge, this time with right sides together. Turn right side out and press the seams toward the back.

## BIAS BINDING

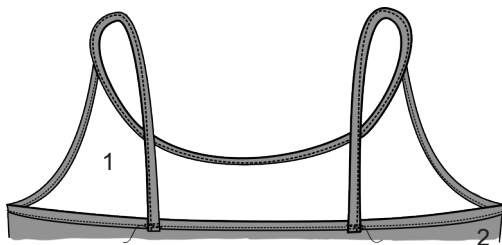


- ✂️ **3.** Stitch the bias binding to the armhole and back: pin the bias binding to the inside of the garment, right side to the wrong side of the fabric and match the raw edges. Stitch along the top fold line, at 0,6 cm (1/4") from the edge. Fold the bias in two over the edge and pin to the right side of fabric. Stitch the bias binding, very close to the edge.



- ✂️ **4.** Pin the bias binding to the neckline, on the wrong side of the fabric, leave about 35 cm (14") or more on each side of the neckline to make the shoulder straps. Stitch along the top fold line, at 0,6 cm (1/4") from the edge. Fold the bias in two over the edge and pin to the right side of fabric. Stitch the bias binding, very close to the edge.

✂️ *Tips: leave more than 35 cm (14") to make the straps and adjust the length on you.*



- ✂️ **5.** Pin the straps on the marks of the back to check the length. When happy with the length, fold the extremity to the inside (trim any excess strap, leave just 1 cm to fold) and stitch to back (on the wrong side or right side of fabric, as you prefer).

✂️ *Tips: you can stitch a bar tack for extra strength: use a short length zigzag stitch.*

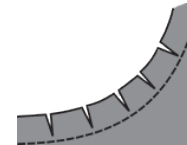
## HEM

- ✂️ **6.** Stitch a baby hem: stitch at 1,2 cm (1/2") from the bottom edge of the garment. Fold and press the seam allowance to the wrong side of fabric. Stitch again at 0,3 cm (1/8") from the edge over the previous stitching line and then trim the seam allowance very close to the stitching line. Fold the bottom edge to the wrong side of fabric and press. Edgestitch the fold along the previous line.

THE END!

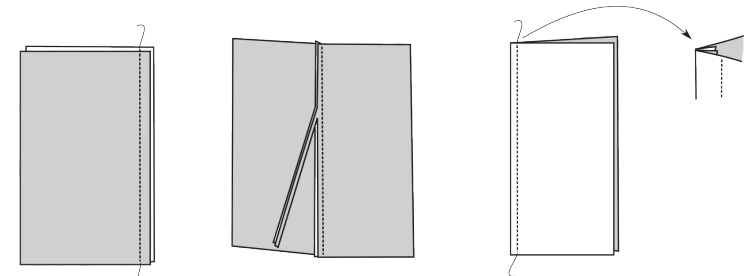
## GLOSSARY

✂️ **BASTE:** sew temporarily by hand or by machine with long running stitches.

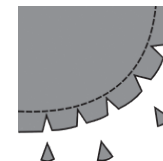


✂️ **CLIP:** clip the inner curves to release the tension of the seam allowance edge. Snip close to the seam allowance without cutting the stitches.

✂️ **EDGESTITCH:** stitch very close to the seam line from the right side of the fabric. To make sure you're stitching parallel to the edge or the seam line, you can use a special edgestitch foot.



✂️ **FRENCH SEAMS:** With **wrong sides** together, stitch two pieces with a 0,6 cm (1/4") seam allowance. Trim the seam allowances. Fold with right sides together, press along the stitching line and stitch again with a 0,6 cm seam allowance, encasing the raw edges. Press open.



✂️ **NOTCH:** notch outer curves to remove the bulk of the seam allowance edge. Cut small triangles just above the stitching line.

✂️ **STAY STITCH:** a row of machine stitching just inside the seam allowance, used to stabilize the seam allowances and prevent the edges from stretching.